Cancer Screenings for patients living with mobility disability and paralysis

National Paralysis Resource Center

Accessible Examination Tables Fact Sheet: This fact sheet, available for download on the Reeve Foundation website, includes a list of resources that provide information on accessible examination tables.

Become a Self-Advocate Brochure: Also available on the Reeve Foundation website, this brochure explains relational self-advocacy and includes a detailed four-step approach for advocating for yourself.

Navigating Healthcare Video: This video explores how to navigate the healthcare system to ensure you receive the care you need and provides tools to address challenges along the way. This video is part of the "Raise Your Voice: Succeeding Through Self-Advocacy" video series, which can be found on the Reeve Foundation's YouTube channel; this series was created through a partnership between the Reeve Foundation and Shepherd Center.

Wheelchair Barbie Goes to the Gynecologist Webinar: A recording of this webinar is available on the Reeve Foundation's YouTube channel. The webinar explores topics related to the reproductive and sexual health of women living with paralysis, including barriers to quality health care and strategies for locating accessible health care services. The webinar is presented by Cody Unser, MPH, a woman living with paralysis.

Accessible Healthcare for Persons with Paralysis & Mobility Disabilities Video Series: This 3-part video series focuses on discussing the challenges of finding accessible healthcare, learning about barriers, and understanding legal rights and ways to advocate for change. The series can be found on the Reeve Foundation's YouTube channel.

Accessible Medical Healthcare Webpage: This page on the Reeve Foundation's website examines the accessibility barriers that people with disabilities still face and includes links to a six-part paper on accessible healthcare. The paper covers a wide array of issues, including ways healthcare providers can be more accessible and tactics for self-advocacy.

Information Specialist Team: For more information about accessible healthcare or any topic related to living with paralysis or to request hard copies of the written materials mentioned here, please contact the Reeve Foundation's Information Specialist team.





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Additional Resources

New Mobility Article: Doctors Still Have No Idea How to Treat People with Disabilities

The Hastings Center Issue Brief: Anti-Ableist Medical Education: Meeting the Challenges

Health Affairs Research Article: 'I Am Not The Doctor For You': Physicians' Attitudes About **Caring For People With Disabilities**

Administration for Community Living Blog: Making Disability Rights History: HHS **Announces Powerful Anti-Discrimination Protections**

The Equal Rights Center: Accessible Health Care Self Advocacy Toolkit





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