



## 2023 Emergency Care in Sport Agenda

### For the Secondary School Sports Medicine Provider

University of Georgia Football Complex, 1 Selig Circle, Athens, GA 30602

July 14, 2023 8:00am-12:00pm

Please join PAR Sports Medicine and the UGAAA for the Emergency in Sport Conference. Registration is maximum rate of \$10/day. Attendees will enter the UGA Indoor Practice Facility via the lower entrance on E. Rutherford St. Visit UGA Parking Services <http://tps.uga.edu/parking/rates//>

#### Athletic Trainer Agenda

- 7:30-8:00am Registration and Breakfast
- 8:00 am Welcome Team Meeting Room
- 8:15 am Surgical Management of Orthopedic Trauma, Dr. Jonathan Payne
- 8:45 am Trauma Management of the Foot and Ankle, Dr. Stephen White
- 9:15 am There's an AT for that! ATs Care, Jessica Mutchler
- 9:45 am Break
- 9:50 am Sudden Cardiac Arrest Management- Jason Lewis
- 10:20am Exertional Heat Illness, Ron Courson
- 10:50am Emergency Care Lab Rotations, PAR and UGA Staff

#### Course Objectives:

- Discuss field triage and treatment of Sudden Cardiac Arrest in Adolescence
- List common traumatic orthopedic injuries in athletics and discuss surgical management
- Explain return to function guidelines for post-operative orthopedic procedures of the shoulder and the foot and ankle
- Practice acute spinal care skills for an on-field scenario
- Recognize community mental health hygiene resources, including ATs Care, for Certified Athletic Trainers



Piedmont Healthcare, Athens Regional (BOC AP# 10211) is approved by the Board of Certification, Inc to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 3.5 Category A hours / CEU's. AT's should claim only those hours actually spent in the educational program.

### **Coach Agenda**

- 8:00 am Welcome Team Meeting Room
- 8:15am Weight Room Tour/Facility- UGA Staff
- 8:45am Pre and Post Workout Nutrition- confirming UGA Staff Speaker
- 9:15 am Emergency Action Planning, placing your staff in the best position
- 9:30am Exertional Heat Illness Management
- 9:45am Concussion, GHSA Policy Updates
- 10:00 am Break
- 10:15am Spine
- 10:30am First Aid/Tape/CPR
- 11:15am Labs

### **Student Agenda**

- 8:00am Welcome Team Meeting Room
- 8:15am CPR and compressions on the turf
- 9:00am Role initiating the Emergency Action Plan
- 9:15am Exertional Heat Illness, Science v Myth
- 9:30am First Aid and Tape
- 10:30am Break
- 10:45 am Athletic Training Room Tour
- Master's Student Panel Q and A
- Wrap Up